

Week 3 Menu

Eat the Seasons
- SEASONALLY FRESH, PERFECTLY PICKED -

 Look for this logo on the menu to try a yummy seasonal special!

MON

TUES

WED

THU

FRI

Mains

HAPPY TUMS 

Chicken and Leek Pie with Puff Pastry
(G,Mk)

Open Beef Burrito Sour cream
(G,Mk,Mu)

BBQ Chicken Thigh
(Su)

Classic Italian Beef Bolognese
(G)


Fish Fingers with Tartar Sauce
(F,G,E)

Veggie

MEAT FREE 

Baked Mac and Cheese with a Crunchy Topping
(G,So,Mk)

Open Vegetable & Bean Burrito Sour cream
(G,Mk,Mu)

 Chickpea, Potato, Spinach Curry
(MU)

Veggie Bolognese
(So,G)

BBQ Veggie Hotdog
(G,So,Su)

Veg

EXTRA GOOD 



Broccoli

Sweetcorn & Peppers

Coleslaw **(E)**
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Green Beans

Mixed Salad Steamed Carrots




Garden Peas  
~~~~  
Baked Beans

Carbs

EXTRA FILLING 

New Potatoes

Wholemeal Coriander Rice

 Wholemeal Rice
~~~~  
Spiced Potatoes

Wholemeal Spaghetti**(G)**

Oven Baked Chips

## Dessert

SWEET TREAT 

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Fruit

Fruit

Fruit

Fruit

Fruit

*Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.*



**Dates**  
5<sup>th</sup> May, 26<sup>th</sup> May  
16<sup>th</sup> June, 30<sup>th</sup> June

## Allergens

**Ce** = Celery  
**Cr** = Crustacean  
**E** = Eggs

**F** = Fish  
**G** = Cereals containing Gluten  
**Mu** = Mustard

**L** = Lupin  
**Mk** = Milk  
**Mo** = Molluscs

**N** = Nuts  
**P** = Peanuts

**Se** = Sesame Seeds  
**So** = Soya  
**Su** = Sulphur Dioxide

